

Psychological and cultural changes of the pregnancy

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Pregnancy is such a huge change in a woman's life that it brings about more psychological changes than any other life event besides puberty.



Before it was the idea: Pregnancy – 9 month-long illness



Before, the pregnant woman went alone to a physician's office for care; at the time of birth, she was separated from her family and admitted to a hospital. She was hospitalized in seclusion from visitors and even from the new baby for a week afterward.



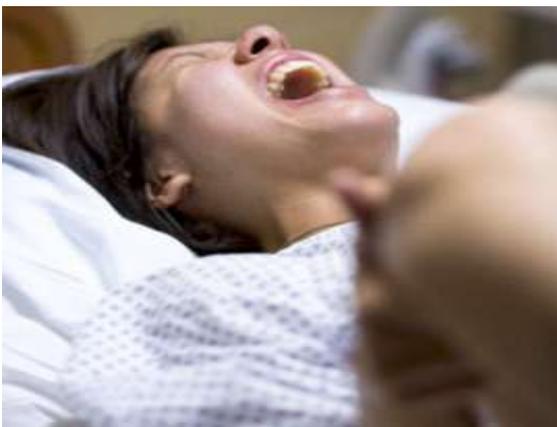
Nurses have played an important role in helping



People's opinions about adolescent pregnancies, "late in life" pregnancies, or lesbian pregnancies have changed **MARKEBLY**



No matter how often a woman is told that pregnancy is natural and simple, she will not overjoyed to find herself pregnant if all she has heard are stories about excruciating pain and endless suffering in labor



A human body can bear only up to 45 del (unit) of pain. Yet at time of giving birth, a mother feels up to 57 del (unit) of pain. This is similar to 20 bones getting fractured at a time.

Can u imagine it now, the mother's pain & love?



If the mother constantly remind to the girl – “If you hadn t come along, I could have gone to college” or “I could have had a career”. In this case the daughter can see pregnancy like a DISASTER



The extent to which a woman feels secure in her relationship with a people around her, especially the father of her child, is usually also important to her acceptance of a pregnancy





Woman who do not have a supportive partner need to locate a support person during pregnancy. Often this is another woman, who related to the wonder and excitement of pregnancy and birth. In many instances, it is a health care provider



